

Medical P.E. Guidelines

The following are guidelines for students who are unable to participate in P.E. due to injury or extended illness.

1. A physician's note is required if an absence from P.E. extends past three class sessions.
2. The P.E. teacher will attempt to modify the student's program to meet the guidelines of the physician.
3. If modifications cannot be made, the student will be exempted from P.E. as provided by Ed. Code 51241. At the time of exemption, the student will exit and re-enter P.E. with the grade earned at the time of injury. During the period of exemption the student may be assigned as a TA.
4. If the injury extends past five weeks (for traditional high schools) or 12 class sessions (for the academies) during the semester, the student will be given a temporary exemption for the current semester and will be dropped if no modification can be made. If accommodations can be made they will return to the P.E. program.
5. The physician's note will include any modifications or restrictions on physical movement.