



CCA Newsletter

VOLUME 1, ISSUE 3

FEBRUARY 6, 2009

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FEATURED CCA
ARTIST, NICLE
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ROP Fashion Merchandising

...is coming to CCA! For the 2009 - 2010 year, students will be able to take fashion to another level through ROP Fashion Merchandising. This course prepares students for and allows them to experience an entry level position in the fashion industry.

Students learn business basics related to running a fashion business including coordinating fashion merchandise into complete outfits, learning and applying store and window display techniques and advertising, promotion and selling techniques. Students apply their job skills and acquire hands-on experience working off campus at local boutiques as a "community classroom" component of the class.

These students will also produce and star in their own fashion show, featuring retail merchandise that they have coordinated into outfits for the

runway. It is suggested that students take Fashion Design as a prerequisite to the Fashion Merchandising class, as it provides the foundation and knowledge base for this 2nd level class.

Fashion Design is the recommended first step in the fashion pathway. It is an introductory class to the world of fashion where students will have the opportunity to learn and apply the elements and principles of fashion design through many hands-on projects. Students will research the

history of fashion, fashion designers, and careers in fashion, learn about color, fabrics and textiles, fashion terms and style names, wardrobe coordination and apply their skills in designing and marketing their own custom apparel. Like the Merchandising class, students will also produce and star in their own fashion show production.



Fall Fashion Design First Place Garment Design Winner: Monica Bielawski

Photo credit: Lynn Cusey

Festival of Arts, Feb 7th

Join us for a Festival of the Arts, February 7th!

Envision and the CCA Foundation would like to invite you to the FESTIVAL OF THE ARTS 2009 on Saturday, February 7 from 11:00 a.m. to 5:00 p.m. at the Morgan Run Club & Resort in Rancho Santa Fe. The one day festival will showcase the impressive talent of students enrolled in CCA's visual, performing and digital arts with a spectacular variety of exhibits and perform-

ances.

Staged throughout the Morgan Run property, the Festival will include an Art Gallery, featuring 270 works of art created by CCA Envision and Conservatory students and are available for sale. The art has been produced under the direction of CCA art teachers and Fine Arts Program Coordinator, **Julie Rais**. Cinema Showcase will run an all-day original production as well as five film screenings by CCA Film Conservatory students directed by multi-

media teacher **Mark Raines**. Music on the Green will encompass several open-air concerts by CCA's very own Jazz Band and Jazz Combos, led by **Amy Villanova**, the Program Coordinator for Instrumental Music and band instructor.

Theater Cove will include performances of "Romeo and Juliet" and "The History of Us" presented by CCA's award-winning dance students under the leadership of **Tracy Yates**, CCA Envision Director and dance instructor. Theater Cove will also present encore performances of excerpts from recently "sold out" theater shows led by **Michael Schwartz**, CCA's Theater

Continued on page 6..

QUEST: Science Research at CCA



CCA Science Fair. Mark Reicher (left) and Kevin Morgan (right)

Photo credit: Christine Gilman

For the past semester, CCA sophomores, juniors, and seniors explored scientific research as founding members of the Quest Science and Research Program. This program, advised by science teacher Christine Gilman, seeks to

promote involvement in research through participation in science competitions at the local, state, and national levels. Currently students are completing their projects to submit to the upcoming science fair and QuikScience competitions. They have studied a variety of different topics ranging from ways to reverse environmental degradation, to effects of cell phone use on the human body, to potentially hazardous materials in breads.

Additionally, students had the opportunity to meet and interact

with leading scientists in their respective fields through scientist visits and live video conferences. This class collaborated with San Diego Miramar College as well as several Biotechnology companies in San Diego to expose students to the new field of biotechnology and complete biotechnology labs.

As founding members, these students hope to create a lasting impact on CCA through the continuation of the Quest Science and Research Program.

Article by CCA Student, Amruta Trivedi

ASB Activities What's happening around campus

From Senior Committee:

The Senior Roberto's lunch was a great success! Roberto's burritos were sold in the gym before break. Also, Senior Week Passports are going to be on sale soon!

From Dance Committee:

Attention Ravens! Don't miss out on our next casual dance coming up on Friday, March 13th in our beautiful gym! It is called MORP, so for the underclassmen that might not be able to go to PROM, don't miss out on your last dance! Ticket prices and theme will be announced soon, so keep your ears and eyes open!

From Club Commissioner:

We currently have 90 active clubs on campus responsible for promoting community service opportunities, environmental consciousness, popular books, international cultures, math, science, games, and much more! Club Constitutions are now available on the brand new clubs website, check it out at www.ccaasb.com. Club Representatives have the opportunity to win \$200.00 in February by participating in the Amazing Club Race, a week-long campus-wide race based on club-related tasks. Sign ups begin Monday, February 2nd!

Continued on page 4...

Principal's Corner



Principal Mr. Brian Köhn

Photo credit: Natalie

Morris and Alex Allen

Preparing for Next School Year.

The 4X4 offers students many wonderful opportunities. Students can go in-depth into areas of interest and/or explore new subjects by taking advantage of some of CCA's many electives. Be cautious, however, not to select courses with an overwhelming workload simply because it is possible to sign up for more academics in the course of a year.

The key to a good schedule, and ultimately a happy and successful student, is to use a carefully balanced approach that takes into account the whole child. As you choose courses for

next year, I would like to encourage each parent to sit down with your child and consider the following :

- Expected homework load for each class.

- Past record of success and the amount of work it took to be successful.

- Does your child want to play sports?

- Does your child want to participate in Envision Conservatory?

- What area(s) is your child truly interested in and motivated to learn more about?

- What are the college plans?

- The time needed for high school age children to experience appropriate social and emotional development.

- What new areas of study would your child like to try?

- What outside-of-school activities would your child like to participate in?

CCA students are capable of outstanding achievement, but as is true for all of us, life balance should never be ignored. If a balanced high school and teenage experience are to be achieved, then the list above must be considered. Want more help with the decision making process? Visit our updated counseling website at www.sduhsd.net/cc.

Envision Presents, "King Stag"

Envision Theater is deep in rehearsals for their next production, the fairy tale musical THE KING STAG. Based on a modern adaptation of a two hundred year old Italian play by Carlo Gozzi, this Proscenium Theater performance will feature original songs written by Conservatory student **Katie Balch**.

"I am beyond excited to work with a composer in rehearsals," said director **Michael Schwartz**. "The actors and **Katie** have taken what started simply as some live musical accompaniment and transformed it into a full scale piece of comic musical theater."

The story includes such fantastical elements as a talking statue, a spell that raises the dead, and a magician who has been turned into a parrot. The production is supported by the San Diego Puppetry Guild and the La Jolla Playhouse props

department, as well as mask makers in Bali and Northern California. Inspired by classic stock characters from Commedia del'Arte, the performance includes masks, shadow puppetry, and rod and stick puppets. Guest artist **Nadja Lance-lot**, a local stage and film designer, is providing costume and scenery concepts.

THE KING STAG has previously been seen in this translation (without the music, of course) at the Julliard School and Seattle Repertory Theater. The co-adaptor and director of all previous productions, **Andrei Belgrader**, currently a director on the television series MONK, has also been spotted in rehearsals. Don't miss the chance to see this amazing new piece of American musi-

cal theater.

March 20th - 28th in the Proscenium Theater; tickets are available at the Finance Office, the Vendini website, and at the door.

King Stag original artwork by: Chris Eliopoulos



Athletics

Spring sports get underway on Saturday, February 21st, 2009. The deadline for Spring Athletic Packet submission is Tuesday, February 17th, 2009.

Clearance cards will be available for pick up on Friday, February 20th, 2009. Spring clearance cards need to be picked up before school, during lunch or after school until 4pm at the Athletic Office located in the Administration Building.

All athletic packets must contain a completed physical form, a copy of the family health insurance card, and the most recent report card (01/23/09) along with all other documents. If you already have a packet on file for the 2008-2009 school year, you must bring in a copy of your most recent report card (01/23/09) to receive a clearance card.

No late athletic packets will be accepted. Please plan ahead. All CCA spring sport tryout information will be placed on the CCA athletic website on February 6th. Please look on the website for the following information: tryout times, dates, locations, and coach's contact information.

The following are considered spring sports:

- Baseball

- Boys Golf
- Boys Lacrosse
- Girls Lacrosse
- Girls Softball
- Swimming
- Boys Tennis
- Track
- Boys Volleyball

CCA is proud to announce that the North County Times selected two CCA students as All North County Athletes. Congratulations to **Samantha Cash** (3rd Team, Girls Volleyball) and **Grant Jurgensen** (2nd Team, Boys Water Polo.)

CCA Wrestling for winning their highest placing ever at a dual tournament. CCA finished 3rd out of 16 teams at the Mater Dei Dual tournament on January 17th. - Individually **Daniel Gallenson** and **Steffen Chen** were Gold Medalists and **Elliott Adams** and **Jeff Lorenzen** were Silver Medalists.

CCA is hosting the Wrestling Coastal Conference League Tournament on February 11th at 4 P.M. and invites everyone to come watch the team in action. The team is looking forward to receive their first league title after finishing 3rd last season.

NOTE! Spring Sports get underway on Sat, February 21st, 2009

Dollars for Scholars

GRADUATION LEIS

Congratulate your senior with a beautiful, fresh flower lei on graduation day! Leis will be conveniently available for pick-up at the CCA campus on graduation day and can still be ordered for \$20.00 by emailing jennt@san.rr.com. All proceeds from the sale of graduation leis provide scholarships to honor seniors for their achievements and future promise.

CCA DIRECTORIES

Have you ever needed to reach another CCA parent or student? CCA Directories are still available for purchase! Look for the table at Back to School Night on February 5th or contact Margy Salzberg (858) 509-9129.

SCHOLARSHIP APPLICATIONS

Scholarship applications for Dollars for Scholars will be available for seniors online through Naviance on March 1, 2009. The application deadline is March 31. For more information please contact CCA College and Career Counselor, Darlene Burton (858) 350-0253 x4036.



2008 seniors with Leis by Dollars for Scholars

CCA Mathletes earn perfect score!

Canyon Crest Academy's Math Team continues to be a force to be reckoned with in San Diego County and beyond. Our team is currently tied for first place in the county and in the state on the monthly California Math League contest: each month, our team of 20-30 "mathletes" compete by answering 6 questions in 30 minutes. We currently have a perfect score, tied with one other school in the county and 6 other schools in the state! We also have 5 students who have earned perfect scores on all three contests to date! Last year, **David Ding**, a sophomore, finished the year with a perfect score, one of three students in all of California to earn such an honor.

Besides California based contests, our Math Team also competes in national competitions, through National Assessment and Testing, a website that produces monthly math contests. Our team earned 10th in the nation on the first contest of the year, the Fall Startup Event, with students earning anywhere from 12th to 25th in the nation against their grade-level peers from across the USA. We also earned another 10th place on the Team Scramble and results from the 3rd contest, the Ciphering Time Trials are even more impressive: with our team earning 5th in the nation and junior **Leon Zhou** being ranked 1st place of all students in the USA and **Raymond Wu** earning 5th place freshman and **David Ding** 5th place junior!

In just 5 short years, our Math Team has become one of the strongest math teams in the Nation, earning top honors in national

and regional contests. This spring, we will be competing in the Stanford Math Tournament, San Diego County Math Field Day and the UCSD Honors Math Contest. In past years, we have earned high marks at all these competitions, ranging from 1st to 4th place. We expect to do just as well, if not better, with this year's amazing team!

The math department is also eager to talk about options after Algebra II for all students. Passing Algebra II is the minimum requirement for entry into most 4 year universities. Nowadays, most students complete at least one course after Algebra II. In fact, the ACTs and SATs are easier for students who complete additional courses beyond Algebra II.

Most students take Math Analysis with Trigonometry (formerly called Pre-Calculus). This course strengthens Algebra

II topics and teaches additional topics such as Trigonometry. Another alternative is Statistics and AP Statistics, which is essential to most careers and majors these days. We also offer Honors Pre-Calculus and AP Calculus for students interested in more technical fields of study.

This year, we are also offering Advanced Topics in Mathematics, in conjunction with the QUEST program. This course will teach students a variety of topics not typically taught in traditional high-school mathematics sequences: number theory, graph theory, logic and problem solving.

CCA Math Team with Mr. Shay

Photo credit: Andy Ribner



What's Happening...continued from page 2

From Student Store Committee:

At the Student Store, we have just received a cornucopia of brand new spirit items. All for great prices. We have 2 different sweatshirt designs, CCA Flannel Pants, CCA Sweat pants, Class T-shirts, and more. So come drop by the Student Store any day at Lunch right next to the ASB room.

From Outreach Committee:

Thank you to everyone who participated in the Canned Food Drive. Overall, CCA donated over 4,000 pounds of food! **Mr. Van Over's** 2nd period class donated 500+ pounds of food, winning the hot cocoa and cookie party! Way to go Ravens!

From Athletics Committee:

Ravens! Please come out and support

our athletic teams! We have excellent players and teams, so lets fill the stands and get more SPIRIT!

From Lunch Committee:

Have you been enjoying the fun and exciting events at our school during lunch? Interested in participating in our events such as the music filled Guitar Hero Contest and the action packed Super Smash Bros Tournament? Keep your eye out for our future events and announcements to come!"

From Spirit Committee:

The Final pep rally for the year is on Friday, May 22nd.

From Executive Committee:

Want to be updated monthly on upcoming ASB events? Email your cell phone number and grade level to cca_asb_exec@yahoo.com to receive monthly text messages! Thank you to everyone that donated blood last December... we had over 50 participants! Keep

an eye out for blood donation sign ups and our last blood drive in April.



CCA student Izzy Pollack drumming with Chris Rubio Productions during CCA's Red Ribbon Week festivities.

Envision Arts News

Members of the Jazz Band, Choir and Symphonic Band returned from an amazing trip to New Orleans over Winter Break. They performed in the French Quarter as well as the BCS Sugar Bowl. While in New Orleans, the students also enjoyed a private concert at Preservation Hall, a historic landmark instrumental to the roots of Jazz, tours of the areas devastated by



Students wait to perform at the Capital One Gazebo in New Orleans - Featuring (near-far): Jazmin Allen-Collins, Max Killman, Alex Kneib, Sam Johnson and Ian Thurston

Photo credit: Amy Villanova

Hurricane Katrina, and a boat tour of the Louisiana Bayou. Please join us at our upcoming concerts!

Envision Cinema Guest Artist **Destin Cretton's** film, "Short Term 12," a 22-minute narrative based on experiences working at a residential facility for at-risk teens, is showing at the 2009 Sundance Film Festival and the 2009 Clermont-Ferrand Short Film Festival. **Destin Cretton's** short film, "Deacon's Mondays," is also being hosted by the Windrider Forum, an event at Sundance that focuses on conversations around film.

Envision Cinema Coordinator **Mark Raines** and Cinema Guest Artist **Destin Cretton** will represent CCA and the Envision Program at the "Educating for Careers" conference on February 23rd in Orange County, presenting a session titled "Arts + Careers + Innovation = Success."

The D/FA Conservatory has an outstanding team of guest artists lined up for February and March. The level one's will be working with **Jessica Matthes** on a mural, **Jeff Kahn** on computer arts, and **William Leslie** on sculpture. Level two's

will be working with **Amber George** on a painting series, **Kendall Younglund** on photography and **William Leslie** on sculpture. And the Level three's will be working with D/FA Coordinator **Julie Rais** on oil painting, **Amanda Dahlgren** on building a portfolio website, and **Carrie Minkel** on interactive sculptures.

A huge thank you to the **CCA Foundation**. Without the support of the **Foundation**, we would not be able to hire our guest artists, as they are paid by the

CCA Choir and chaperones at the 2009 Sugar Bowl

Photo credit: Amy Villanova



*** NEW FEES POLICY! ***

During these times of smaller school budgets, it is especially important for students to return all overdue textbooks, pay for lost or damaged textbooks and clear up outstanding Athletics and/or ASB fees.

As of February 17th, 2009 CCA will be instituting a new policy for outstanding fines. If your student has Textbook, Athletics or ASB fines, a block will be placed on their ASB account until the issue is resolved. This block will prevent the purchase of tickets to ASB-sponsored events. Additionally, seniors may be negatively affected during the graduation check-out process. Please use this grace period to clear up any fines through the ASB Office as soon as possible to avoid any future inconvenience!

Counseling News...

Counselors will begin registration for current CCA students in February and in March for students who are able to enroll after the lottery. Lottery takes place on February 23.

Current Student Registration

We will use online Aeries course selection again this year, so please make sure your Aeries login information is current and correct; check the web for details.

New/Incoming Student Registration

Incoming Student Presentations will be March 3 - 5 in the Proscenium Theater and Incoming Registration Nights will be March 9 - 12. This is a

crucial resource event to attend.

Incoming students who selected to attend CCA must complete enrollment via the registrar by 4/3/2009 or they will not be able to attend CCA.

Senior Checklist

Visit the Senior page on the Counseling website to stay informed about upcoming events and opportunities, including graduation.

Mid-Year Reports

For Common Application, counselors will send Mid-Year Reports through Naviance as soon as grades are

posted. For all other Mid-Year Reports, please see your counselor with any required forms.

College and Career Center News

College Night 2009 will be held at CCA on Wednesday, April 15, 2009. Representatives from colleges across the United States will address topics including "How to Find the Right College for You," "Effective Campus Visits and Interviews," and "Public vs. Private." Information about College Night, including attendees and topics will be updated in the **Counseling, College and Career Center Newsletter posted weekly on CCA's website.**

Academy of Art University will visit on February 10th at 11:30 am. **All College Visits are posted in Naviance.**

Canyon Crest Academy Recognizes...

- The Family Recovery Club led a gift drive early in December. They worked very hard to collect as many gifts as possible for mothers who are living at the Family Recovery Center. These mothers live with their children in a safe place while they work on their sobriety and recover from drugs and alcohol for up to one year. CCA students and the FRC club collected gifts and then they set up a "shop" allowing the children to choose gifts to be wrapped for their mothers and given to them at Christmas. It was a 6 hour shopping event completely organized by these club members and it was a great success!

- Early acceptances for our seniors have begun trickling in; Congrats to those already accepted early action to George Washington University, Stanford, Georgetown, Emerson and more!

- On Thursday, Jan. 15, **Angela Van Lier** and her AP Art History class took a field trip to the Los Angeles County Museum of Art as a visual review to the end of the semester. Some highlights included the Hope Athena, the extensive Modernist collection and the brand new contemporary building, BCAM. Many thanks to **Tracey Walker** and **Lori Mitchell** who helped chaperone our trip!

- CCA ASB received a Sony grant consisting of a new laptop and video camera for their successful involvement with last year's Buick Invitational, hosted by the Century Club of San Diego. We were one of only two schools who received it in San Diego County. Great job CCA ASB!

- Congratulations to **Ronit Abramson** and **Julia Zhang**, named as semifinalists of the Intel Science Talent Research 2009. 300 students are selected as semifinalists from 176 high school across the country and are recognized as the "best and brightest young scientific minds in America." Each semifinalist receives a \$1,000 award with an additional \$100 going to his or her respective school. 40 of the 300 semifinalists will be selected to compete for

the \$100,000 grand prize. 25 students were selected in California, only 3 students from San Diego area. All 3 students were from San Dieguito Unified High School District. **Ronit Abramson's** project is "Use of Epilithic Diatoms as Biological Indicators of Pharmaceutical Runoff;" looking at the efficacy of using diatoms, a tube of golden-brown algae, as a bioindicator for detecting pharmaceuticals in waterways. **Julia Zhang's** project is "Phosphatidylserine Receptor Protein PTDSR Induces Neurite Outgrowth by Regulating Histone Methylation and Gene Expression;" examining how protein receptors can regulate DNA genetic information and the implication in the onset of neurodegenerative diseases.

- CCA has been recognized by the *U.S. News & World Report* in their list of America's Best High Schools as a bronze medal winner. Analysis is based on: standardized test performance; proficiency rates of all students, including the least advantaged; challenging college-ready curriculum.

- CIF's San Diego section has recognized the CCA Boys Water Polo as a CIFSDS All Academic Team for their effort in academics, earning the highest un-weighted grade point average as compared to other member teams in the same sport. The team and students were recognized at a ceremony on January 22nd. Congratulations team members, coaches and support staff for this achievement!

- **Destin Cretton**, our Envision Cinema Teaching Artist, along with his production team received the Best Short Film Award at the 2009 Sundance Film Festival for his film "Short Term 12". www.festival.sundance.org/2009

- Congratulations to **Carolyn Tom** who was awarded a scholarship in the Green Ideas For Life Poster Contest. Winning entries can be viewed at: www.aerospacemuseum.org/education/greenskills.html

NEW Online Test Prep resource available through CCA's Library Media Center!

The new Testing & Education Reference Center (TERC) offers AP, CAHSEE, SAT, ACT and other exam study guides and practice exams. The scores are confidential and will not be reported to anyone other than the student. The TERC database also offers college and career information, resume building and much more.

To take advantage of this excellent tool simply visit our Library Media Center website at: teachers.sduhsd.net/ccmedia/index.html
From the LMC webpage simply follow these steps:

- Select "Research Databases"
- Click proceed
- Select the Testing and Education Reference Center database

Festival of Arts...continued from front page



CCA Envision Staff, 2008

Program Coordinator and drama teacher. Students enrolled in CCA Vocal Music will also be performing under the direction of instructor **Anne Whattoff**.

As Festival goers enjoy the top-notch entertainment, they can also visit Painter's Pavilion to savor the delicious assortment of foods specially prepared by Morgan Run's Executive Chef Rodney Fry. Kicking the day's events up another notch will be well-

known artists and musicians from the local San Diego art scene. In addition, **Susan**

deVincent, KyXy Morning Show host and proud CCA parent, will make a special guest appearance. **deVincent** will be the Mistress of Ceremonies at the Foundation's annual Gala on April 24, 2009 at The Grand Del Mar.

Five amazing raffle prizes will be given away at the event, including a Disneyland trip for four, one-on-one Eureka SAT tutoring, the ultimate day spa at Morgan Run, DJ service for a teen party with TweenTime Entertainment, and a Nintendo Wii.

Admission tickets and raffle tickets may be purchased online at the Foundation website: www.canyoncrestfoundation.org. Admission tickets will also be sold at the door (\$5 for students and \$10 for adults) and raffle tickets will be available inside the venue. The event is open to the public.

February 2009

Schedule of Events

- Thursday, Feb 19th - 7:00 PM, Band Concert
- Thursday, Feb 19th - 6:00 PM, REDI program parent seminar
- Friday, Feb 20th - Spring Sports Clearance Card Pick Up
- Saturday, Feb 21st - Study Skill and Writing Workshop. [More info, click here.](#)
- Saturday, Feb 21st - Spring Sports Begin!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
01 10 am SDUHSD Honor Band	02 Report Cards to be mailed	03 CAHSEE	04 CAHSEE 7 PM IM Conservatory	05 5:30 PM Back to School Night	06 7pm IM Conservatory	07 ACT Off Campus
08	09 3:30 pm Site Counsel	10 Last day to Add/Drop a course	11 Late start day	12	13 School closed for Presidents Day	14
15	16 School closed for Presidents Day	17 Spring Sports Packet Deadline	18 8:30 am Coffee with Kohn	19 7 PM Band Concert	20 7 PM Comedy Sportz	21 Spring Sports Begin
22	23 Lottery	24	25 Late start day	26	27	28

Schedule of Events

- March 3rd, 4th & 5th at 6:00 PM, Incoming Student Presentations
- March 9th, 10th, 11th & 12th at 6:00 pm Incoming Student Registration
- March 16th, Last day to drop a class with a W
- March 20th and 21st, 26th through 28th, Envision Theater presents King Stag

March 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
01	02	03 Grade report period ends ← 6:00 PM Incoming Student Presentations →	04 Late start day	05	06	07 9 AM Mock ACT off campus
08	09	10 EAP for 11th Grade ← 6:00 PM Incoming Student Registration →	11	12	13	14 SAT off campus
15 6 PM, College Fair	16 3:30 PM Site Counsel	17	18 Late start day	19	20 7 PM King Stag 7 PM Comedy Sportz	21 2 PM King Stag
22	23 11:30 AM, Battle of the Bands	24 11:30 AM, Battle of the Bands	25 Late start day 12 PM, Battle of the Bands	26 11:30 AM, Battle of the Bands 7 PM King Stag	27 7 PM King Stag	28 9 AM Mock SAT off campus 2 PM King Stag
29	30	31				

NOTE FROM THE DISTRICT NURSE

Reported incidences of MONONUCLEOSIS have increased in our district. If your student is diagnosed with MONO, please notify the Health Office, (858) 350-0253 X4011. Your student will need a note from their doctor stating the date they can return to school.