



# CCA Newsletter

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## Welcome to 2010-2011!

We're excited to be beginning Canyon Crest Academy's seventh year of operation! We have had a successful school year opening and are looking forward to a great year. Back by popular demand is "Canyon Crest by the numbers". Here are just a few things you may not have known about CCA...

- 1 Our rank among comprehensive high schools in San Diego County, thanks to our 2010 API
- 4 Athletics league titles in 2009-2010
- 8 National Merit scholarship semifinalists in 2010-2011
- 22 Percent of our students go to community college or trade school
- 24 CIF league appearances
- 29 Envision productions last year
- 35 Percent of our school wide student population participated in AP testing
- 75 Percent of our students go directly to a 4 year university or college
- 80 Percent of CCA students meet UC/CSU A-G requirements by the time they graduate
- 85 Percent of AP exams earned passing scores
- 88 Teachers make up our incredible teaching staff
- 96 Percent of our students continue their education after graduation
- 99 Percent of our students pass the English portion of the CAHSEE on their first try
- 320 Students will be taking the PLAN test on November 10
- 559 Freshman attend CCA this year; our largest class to date!
- 894 Our 2010 API, up 26 points from the year before!
- 1408 PSAT tests administered on October 13<sup>th</sup>
- 1889 Students enrolled for the 2010-11 school year

## Dollars for Scholars Update!

CCA Directories were handed out to students at school the last week of October. If you think you paid for a directory and did not receive one, please contact **Laurie Doyle** at [doyle411@san.rr.com](mailto:doyle411@san.rr.com).

Thank you to everyone who purchased a CCA directory. Your purchase will help fund a scholarship for a CCA student continuing their education beyond high school. Last year, CCA Dollars for Scholars awarded 52 scholarships to CCA seniors totaling \$35,000.

In order to offer the same number of scholarships this year, additional donations to Dollars for Scholars are greatly needed and appreciated. DFS Scholarship funds are raised through proceeds from the sale of the CCA Directories and donations from local businesses, foundations, community organizations and individuals.

If you are interested in establishing a scholarship in your name, the name of your business or as a memorial, please contact **Ellen Mitgang** at [mitgang4@yahoo.com](mailto:mitgang4@yahoo.com).

## Welcome New Raven Staff Members:

Canyon Crest Academy is excited to welcome quite a few new Ravens to campus, in addition to our new Freshman class. If you happen to run into one of these folks, make sure to make them feel part of CCA team and community.



Back: **David Martin**: Math, **David Bair**: World Languages, **David Main**: Science  
Front: **Melissa Magin**: Speech & Language Pathologist, **Tracy Bryant**: Social Science, **Jennifer Koett**: Art, **Sharon Dasho**: English, **Deb Abrahamson**: Physical Education & American Sign Language, **Sarah Aguilar**: Social Science

*Not pictured: Dallas Hartley: Social Science, Alyssa Vallecorsa : Art*

## Principal's Corner

One important message we try to communicate to parents is the importance of developing an appropriate class schedule. An appropriate schedule is a key component to a balanced teenage life. A balanced teenage life, as is true at all ages, is generally a happy and productive one. So here are my 5 steps to developing an appropriate schedule and ultimately balancing the teenage life.

1. Consider the passion. Whatever schedule you build leave room for your child to do whatever it is they love to do.
2. Carefully consider the value of the AP Course. Not all AP courses are created equal and different colleges apply different value to them. Do your homework and see if that extra AP course is really going to be of significant value at the university or college you are targeting.
3. Listen to the input from teachers and counselors. This can come in many forms from grades to comments. They are usually great indicators of what the appropriate course level is in any subject area.
4. Observe your child's homework time. How much time is your child spending on a particular subject? If one subject is requiring many extra hours of study in comparison to others, then perhaps that is where you wouldn't choose the AP or Honors course; or if it is a very important course, then reduce the demands elsewhere by selecting other courses.
5. Listen to your child. He or she will tell you what they like and what they don't like. A schedule filled with courses they have no love for is a recipe for stress and burn out.

The days of leaving all these decisions up to a school system or to the student are behind us. We all need to work as a team to help these young people build academic and personal lives that are rich, challenging and happy.



Our fearless leader, Principal  
Mr. Brian Köhn  
*Photo by Elise Davies*

# ASB Activities

## What's happening around campus

Minute to Win It was held on October 1<sup>st</sup>, 2010 and students competed to win various \$5 gift cards. Contests included "Johnny Apple stack" (stacking 5 apples vertically), "Hanky Panky" (using one hand to pull all tissues from a tissue box), "Paper Dragon" (unspooling streamers by waving arms) and "Bite Me" (picking up paper bags of various heights using only their mouths). ASB was also able to debut the available technology using the new marquee by displaying instructional videos about each challenge. This allowed for a more interactive experience for the student body.



**Good eats! Senior Breakfast and class photo on September 29<sup>th</sup>.**

Box Tops for Education fundraiser was a success! We raised over \$300! Although the contest is over, we are still accepting box tops to support our school. Just bring them to the ASB room. Thanks ravens!

On Friday, October 29<sup>th</sup>, students wore their Halloween costumes to enter the lunchtime costume contest, win tickets to the Harry Potter premiere, and of course to do some trick or treating.



Kid's news day was a great fundraiser! We raised \$248.01 for Rady Children's Hospital!

CCA Trivia during lunch on November 5<sup>th</sup>. Bring your game face and test your school knowledge.

Thanks for an awesome Homecoming! The next dance will be Winter Formal, February 5<sup>th</sup>.

**Minute to win it contestants Alex Erickson and Grant Gliner battle it out during the Paper Dragon competition.**

## Athletics

The mandatory Winter athletic packet deadline will be November 4<sup>th</sup> & 5<sup>th</sup>. Please remember we will need a copy of your student's most recent report card (1<sup>st</sup> Quarter Progress Report) and an updated physical turned in with the packet (after June 1<sup>st</sup>, 2010).

If you have already turned in a fall athletic packet, please make sure you turn in your updated GPA information. The athletic packet will not be cleared or processed if it is not complete when turned in. Winter Clearance Cards will be available for

pick up in Canyon Crest Academy Athletic Office located in the Administration building on November 9<sup>th</sup> & 10<sup>th</sup> from 7:30am-3:45pm before school, during lunch or after school.

Please keep in mind that Winter sports begin on Saturday November 13<sup>th</sup>, 2010. Plan accordingly relative to the above deadlines, dates and Clearance Card pick up times.

Please note: All CCA winter tryout times and dates will be available on CCA athletic website by Monday November 1<sup>st</sup>. We are looking forward to a great winter season!



**The girls are back in town! CCA Girls Volleyball: Katie McAllister (passing), Riley Murphy (in white) and Delaney Sullivan (background #16)**

# Counseling News

The Canyon Crest Academy Counseling Department looks forward to another year of assisting students and parents. We are pleased to announce that, with the growth of our student population came the growth of the Counseling Department, and we again have four full-time counselors this year. We will continue to deliver much of our communication to CCA students and families through the Naviance program, a database that allows students and parents to remain informed as they navigate the high school and college admission process.

If you have not registered on Naviance, we strongly encourage you to do so by going to the Presentation Index on the Counseling website, and clicking on the [Naviance Registration Tutorial](#). When registering, be sure to provide a valid e-mail address or you will not receive the *Counseling, College & Career Center Newsletter* which provides important information, deadlines, and upcoming events. If you require additional assistance with Naviance, contact **Darlene Burton**, College & Career Center manager at [Darlene.Burton@sduhsd.net](mailto:Darlene.Burton@sduhsd.net)

## Senior News

**12<sup>th</sup> Grade Student and Parent Presentations** were held on September 28<sup>th</sup> and 29<sup>th</sup>. This presentation covered graduation requirements, a review of 2 year vs. 4 year college entrance requirements, an overview of post high school options, college application procedures and Naviance as it pertains to applying to college. If you were unable to attend or would like to review the 12<sup>th</sup> grade presentations, visit the Counseling website and click on the [Presentation Index](#) link.

**UC/CSU Application Workshops** were held on October 13<sup>th</sup>. Representatives from UC San Diego and CSU San Marcos presented valuable information regarding admission policies and trends, and went step-by-step through each application. The submission deadline for both UC and CSU applications is Tuesday, November 30<sup>th</sup>, however we encourage students to submit their applications prior to the deadline.

**College Representative Visits** are listed in Naviance, the Daily Bulletin and the College & Career Center. . Students can sign up by printing out a college visit pass through Naviance under the document library. Students need a parent and teacher signature to attend a college visit. Parents are welcome to attend college visits, however it is important to know that college representatives reserve this time to interact with students and answer their specific questions.

**Letters of Recommendation:** Students requiring letters of recommendation from a teacher or counselor, must make the request prior to the following dates: October 8<sup>th</sup> for early action/decision applications, and November 10<sup>th</sup> for all other applications. Students must also complete a Brag Packet and FERPA agreement, both of which may be accessed through Naviance, to complete the letter request. School staff will be unable to meet application deadlines for students who do not make their requests and turn in all related college application materials by the above deadlines.

**Upcoming Counselor Q & A Sessions** are scheduled for November 1<sup>st</sup> and November 8<sup>th</sup> at lunch in the College & Career Center to answer any questions students have regarding the college admissions and the application process. Counselors are also available during walk-in hours, before and after school and during

*...Counseling News cont. on page 6*

## From the Library Media Center

Our Library Media Center has begun the new school year with record numbers of check outs. Canyon Crest Academy students have checked out almost 1000 books, in the first two months of school. This year, our library media center's hours are 7:15 to 3:45, Mondays thru Fridays, except on late start days when we open at the start of school.

Along with our print resources, the library also houses a computer lab that is available before and after school, and at lunch time for general student use. To supplement web database

subscriptions the district pays for, we encourage students to get at least one of the public library cards available for free from the city, county or Carlsbad libraries. Access to more databases and research options are also free to cardholders and make finding reliable, relevant information easier than ever.

Having a public library card gives students access from home and school, no need to be at a public library to take advantage of all that it has to offer. Information on this is included in this newsletter on page 11.

We'd also like to take a moment to thank those who make their Amazon.com purchases through our media center page link. The library gets a percentage of all sales, not just book sales, donated by Amazon.com.

We use this fundraiser as a way to continue to purchase books and other materials to help our collection keep up with our amazing students. If you haven't used our Amazon.com link before, please consider it for your future purchases.

Happy reading....

# Start Smart is coming to CCA this year!

The California Highway Patrol's Start Smart program is a free driver safety education class which targets new and future licensed teenage drivers between the age of 15 and 20 and as well as a parent/guardian for each student driver. The course is free and approximately two hours in length. The student and their parent/guardian must attend together.

San Diego County Sheriff and CHP officers will discuss traffic collision avoidance techniques,

collision causing factors, driver/parent responsibilities, and seat-belt usage. Additionally, testimonies will be provided by officers who have investigated fatal collisions involving teens.

Beginning with the 2010-11 school year, each of the SDUHSD's five high schools will offer multiple classes on campus. Each site will use Start Smart student completion lists from 2009-10, along with 2010-11 to track students attendance. Beginning in 2011-12, SDUHSD policy

will be changed to require students who purchase a parking pass to complete the Start Smart course.

Students from all grades and their parent/guardian are encouraged to participate during the 2010-11 school year!

The first Start Smart class at CCA has been scheduled for 11/30/2010 from 6:30 to 8:30 pm in the Proscenium Theater. Stay tuned for more information on Start Smart classes offered at CCA as well as the other SDUHSD high schools!

## Envision News...



**Envision Cinema** is please to announce that CCA TV is Back on the air! The Advanced Video/Film class and ROP Media Production class returns this fall with new episodes of CCA TV. This informational and entertaining student produced broadcast can be watched by clicking on

the CCA TV link on the main Canyon Crest Academy website. You can watch other Envision Cinema productions on the program's Vimeo site as well, <http://vimeo.com/ envisioncinema>.

ROP Media Production and the Advanced Video/Film class will also be producing an on-line news magazine, featuring Canyon Crest Academy news and short films, called "Bird's Eye View."

**Envision Cinema Guest Artist Wins Academy Fellowship. Destin Cretton!** One of five writers selected as win-



**CCA TV is on the air: CCA Students Sage Serrano, Isador Pollak and Chase Peterson**  
Photo by Mark Raines

ners of the 25<sup>th</sup> annual Don and Gee Nicholl Fellowships in Screenwriting, presented by the Academy of Motion Picture Arts and Sciences. Each writer will receive

a \$30,000 prize, the first installment of which will be distributed at a gala dinner in Beverly Hills on November 4<sup>th</sup>.

The winners were selected from 6,304 scripts submitted for this year's competition. The competition is open to any individual who has not sold or optioned a screenplay or teleplay for more than \$5,000, or received a fellowship or prize that includes a "first look" clause, an option, or any other quid pro quo involving the writer's work.

Fellowships are awarded with the understanding that the recipients will each complete a feature-length screenplay during their fellowship year. The Academy acquires no rights to the works of Nicholl fellows and does not involve itself commercially in any way with their completed scripts.



**CCA guest artist Destin Daniel Cretton**

*...Envision News cont. on page 6*



Vote White graphic by Christine Mi and Maddie Fuller

**Envision Dance** Conservatory Presents "Alice LOST in Wonderland," for one week only. The show opens on Wednesday, November 17<sup>th</sup>, at 7 pm in the Proscenium Theater at CCA. Other show times are Thursday 18<sup>th</sup>, 7 pm, Friday 19<sup>th</sup> at 4 pm and 7 pm, and the closing matinee is Saturday 20<sup>th</sup> at 2 pm. This is a show not to be missed! Tickets can be purchased online and at

the door.

The show, produced by Envision Dance Coordinator **Rayna Stohl** and Guest Artist **Yvonne Hernandez**, explores a deeper look into the characters' psyches, Alice's journey through self-discovery, and accepting that we are all different and should be celebrated!

Students in the **Envision Digital Fine Arts** program won Best Educational Team at the 2010 Gesso Italiano chalk painting festival in Little Italy. The award comes with a \$350 prize. The students have a day to complete a five by five foot square and visitors to the event vote on the winning artwork. The winning team based their design on a Caravaggio painting. All themes in the festival must be Italian related. Two CCA teams participated this year.

Best Educational Team: **Jessi Matthes:** instructor, **Maddie Fuller, Greg Toothacre, Runtao Yang, Christine Mi, Ashley Butler, Daniella DâAquistó & Katie Scott**



lunch, or students can fill out a counselor call slip to request to see a counselor.

### Other News

**9<sup>th</sup> Grade Student & Parent Presentations** were held on September 22<sup>nd</sup> and 23<sup>rd</sup>. This presentation covered graduation requirements, an overview of post high school options, an introduction to 2 yr vs. 4 yr. college entrance requirements, and an introduction to the Naviance program. If you were unable to attend or would like to review the 9<sup>th</sup> grade presentations, visit the Counseling website and click on the [Presentation Index](#) link.

**11<sup>th</sup> Grade Student & Parent Presentations** were held on October 19<sup>th</sup> and 20<sup>th</sup>. This presentation reviewed high school graduation requirements, post-high school options such as 2 yr vs. 4 yr. college entrance requirements, an in-depth look into college entrance exams and creating a timeline of when to take them, and the Naviance program as it relates to Juniors. If you were unable to attend or would like to review the 9<sup>th</sup> grade presentations, visit the Counseling website and click on the [Presentation Index](#) link.

## CCA goes green

By now you have surely seen and heard about the solar panel structures in the CCA parking lots. Canyon Crest Academy was one of two San Dieguito Union High School District schools selected for solar panel installation. Once completed, these panels will provide CCA with about 70% of the energy needed to operate the school.

This is just one way CCA is doing its part to help minimize our carbon footprint, but you can help too! Canyon Crest Academy has partnered with Sandag to make carpooling easier than ever! Be sure to check-out the Sandag info on page 10 for tips on how to set-up your own carpool.

(Left) Gesso Italiano! Sage Serrano and Emily Goldstin are working the chalk in Little Italy. Photo by Jessi Matthes

# November 2010

## Highlights

- Nov. 2 and 3-Finals
- Nov. 3-Readi Parent Seminar
- Nov. 4 and 5-Winter sports athletic packets due
- Nov. 8-First quarter grades available to view on parent portal
- Nov. 11 and 12-Closed for Veterans Day
- Nov.17-Late Start
- Nov. 17-Plan Testing for 9th and 10th graders

For more details see the [CCA site calendar](#)

| Sun  | Mon                             | Tue                | Wed   | Thu                              | Fri                              | Sat |
|--|---------------------------------|--------------------|---|----------------------------------|----------------------------------|-----|
| 31   | 1                               | 2<br><i>FINALS</i> | 3<br><i>FINALS<br/>Readi parent seminar</i> | 4<br><i>Athletic packets due</i> | 5<br><i>Athletic packets due</i> | 6   |
| 7  | 8<br><i>Grade window closes</i> | 9                  | 10  | 11<br><i>Closed for Veterans</i> | 12<br><i>Closed for Veterans</i> | 13  |
| 14   | 15                              | 16                 | 17<br><i>Late Start<br/>PLAN testing</i>    | 18                               | 19                               | 20  |
| 21   | 22                              | 23                 | 24  | 25                               | 26                               | 27  |
| <b><i>CLOSED FOR THANKSGIVING BREAK. HAPPY THANKSGIVING!</i></b> |                                 |                    |   |                                  |                                  |     |
| 28   | 29                              | 30                 | 1   | 2                                | 3                                | 4   |

## Highlights

- Dec. 1-Late Start
- Dec. 8-Late Start
- Dec.15-Late Start
- Dec.17- Second quarter progress report grades available to view on parent portal
- Dec. 20 through 31- Closed for Winter Break

# December 2010

| Sun  | Mon   | Tue   | Wed                     | Thu   | Fri                              | Sat |
|--|-------|-------|-------------------------|-------|----------------------------------|-----|
| 28   | 29    | 30    | 1<br><i>Late Start</i>  | 2     | 3                                | 4   |
| 5  | 6     | 7     | 8<br><i>Late Start</i>  | 9     | 10                               | 11  |
| 12   | 13    | 14    | 15<br><i>Late Start</i> | 16    | 17<br><i>Grade window closes</i> | 18  |
| 19/26  | 20/27 | 21/28 | 22/29                   | 23/30 | 24/31                            | 25  |
| <b><i>CLOSED FOR WINTER BREAK. HAPPY HOLIDAYS!</i></b> |       |       |                         |       |                                  |     |

# Canyon Crest Academy Recognizes...

Congratulations to our 8 seniors who have been recognized as National Merit Scholarship Semifinalists and 31 Commended Scholars! The nominations are based upon the students' performance on the PSAT taken in their Junior year. The score is obtained from the total of three sections on the PSAT: the critical reading, math and writing scores. Once a student is recognized as a National Merit Semifinalist, they must fill out and extensive application, write an essay, and obtain a letter or recommendation from a teacher to be considered for scholarship money. It is a great honor to be a National Merit Semifinalist and to compete for National Merit Scholarships. The CCA nominees are: **Marco Gentili, Jenny Ma, Christine Mi, Jason Schechter, Sarah Scherk, Akshai Subramanian, Emma Van Campen and Runtao Yang**

all. Students from various grade levels placed in the top 15 in their divisions: 9th-grade division: **Paolo Gentili, Brandon Zeng, Catherine Wu, Eric Chen, and Oliver Ren**; 10<sup>th</sup> grade division: **Thomas Swayze**; 11<sup>th</sup> grade division: **Henry Maltby**; 12<sup>th</sup> grade division: **Marco Gentili**. Congratulations to all our outstanding Math contestants!



The Girls Volleyball team (left) is currently 26-6 over-all and 5-0 in league. Currently ranked #5 in the county, the girls have taken a Fall Classic Tournament championship trophy and 3rd place Beach Cities Tournament trophy home to date. As league play winds down, the CIF playoffs will begin where the Raven's should prove to be one of the favorites.

CCA's Pulse Magazine has won the Pacemaker Awards! This award is a national award that places Pulse Magazine as one of the top 10 high school news magazines in the COUNTRY! Not the Del Mar Fair, not a state competition... a National competition. Congratulations to the students of Pulse Magazine for all your hard work!

2010 Advanced Placement results are in! Not only did 636 students take 1459 exams, with an 85% pass rate, but several of our students qualified for AP Scholar Awards. 98 students were awarded AP Scholar, granted to students who receive scores of 3 or higher on three or more exams; 58 students received AP Scholar with Honor, granted to students who score 3 or higher on four or more exams; 127 AP Scholars with Distinction, granted to students with 3 or higher on five or more exams and 36 National AP Scholars, granted to students who received an average score of at least 4 on all AP Exams taken, and scores of 4 or higher on eight or more exams!

Congratulations to **Thomas Swayze** who placed FIRST in the country on the "Honorable Mention" list for the USAMO contest. The contest was 6 questions lasting 8 hours over two days. It was due to his amazing performance on this contest that he was invited to a month long summer math program in June.

CCA Places 2nd in National Math Contest: CCA students, led by Coach **Brian Shay** placed 2<sup>nd</sup> in a National Math Contest this fall. After the results from the contest, which required students to work for thirty minutes to answer one hundred problems in a variety of mathematical topics, were processed several CCA students levels received individual awards, thereby helping their team to place 2nd over-



**Chase Morrin, Daniel Feldman** (above) and band provided this year's entertainment at the San Diego County Salute to Teachers Awards.

Congratulations to **Anastasia DiFonzo** and **Ben Houston**. They each represented CCA very well and each won \$750 scholarships from the Coastal Communities Concert Band's Honor Band program. They were in competition with students from all over the school district, and had to prepare a solo to be judged by a panel of professional musicians. This is **Anastasia's** second win!

**Alec Wilkens** won last year's Don Caneva Memorial Scholarship of \$1500 and performed a concerto with the band. **Ashkan Shahbandi, Yenny Zhang, Melanie Broussalian, Nathan Fleisher, Harold Chun** and **Jing Wei Shi** also won spots to perform at last weekend's Honor Band Concert.



The menacing CCA Staff Comedy Sports Team: (above from left) **Tim Stiven**: Social Science, **Ariel Haas**: Science, **Gillian Barkalow**: Special Education, **Joe Shea**: Math, **John Unwin**: Social Science, and **Brad Spilken**: Social Science.

## PARENTING TIPS FOR HOMECOMING, WINTER FORMAL & PROM

Looking ahead to Homecoming, Winter Formal and Prom, parents should exercise the “trust but verify” approach; trusting their teens, while asking questions to verify their plans for the evening. Here are some guidelines to assist parents in eliminating alcohol use and poor decision making by students:

1. **Allow no more than eight teens in a limo.** Limiting the number increases your chances of knowing each student and his or her parents, and putting your kids in a comfortable situation because they are with friends, rather than strangers.
2. **Limit the group to good friends and acquaintances.** Try to exclude non-district students, especially those who have already graduated.
3. **Inspect the limo before you allow the kids to get inside.** Many limos come fully stocked with alcohol.
4. **Do not have any alcohol present at the pre-dance event.** This means no alcohol for parents and guests. This is simply modeling good behavior. Remember that these events are designed for the kids, not the parents.
5. **Require a written itinerary for your student’s group.** Know where they are dining, when they will arrive at the dance, when they will be picked up, where they are going after the dance, and where and when they will be dropped off at the end of the evening.
6. **Meet with the driver, students and parents at the pick-up spot,** and make sure all students and parents are present as you explain your expectations. Make certain the driver has the written itinerary, and make it clear that you expect the itinerary to be followed. The driver is working for you, not for the students. Do not give the driver the final payment until you meet at the end of the evening.
7. **Suggest the specific neighborhood that is acceptable for dinner.** Areas for trouble in the past are restaurants in Pacific Beach, Mission Beach, and the Gaslamp District. Suggested locations where there has been little or no trouble include Del Mar, Rancho Santa Fe, Solana Beach, UTC, La Jolla, and Carmel Valley.
8. **Do not allow “just driving around” in the limo.** Nothing is accomplished by this, and it tends to be the time when trouble is most likely to occur.
9. **Be aware that students will be randomly tested with a breathalyzer at the door.** Any teens showing signs of alcohol consumption will be excluded from the dance, and a parent or guardian will be called to take them home.
10. **Talk to your teens when they come home.** Spend some time talking about the evening.

# I-15 EXPRESS LANES OFFER FALL LINEUP OF COMMUTE CHOICES FOR BACK-TO-SCHOOL



Fall signals more than just the beginning of school, it's also the beginning of more traffic on I-15. The I-15 Express Lanes offer some great commute choices that can get you and your kids where you're going faster, safer, and greener.

## Carpool and Vanpool



Carpoolers and vanpoolers can use the I-15 Express Lanes for free. Carpools work great for getting to school and after-school activities. They reduce congestion, and that improves safety around schools. Also, you'll cut your commute costs by at least half. And if you sign up for a vanpool for your commute to work, we'll pay you!

## I-15 Premium Express Bus



With five routes, the I-15 Premium Express Bus is going where you're going. Kick back and relax as the comfortable Premium Express Bus takes you to your destination in downtown San Diego or Sorrento Mesa.

## FasTrak®



After dropping off the kids, you still can use the Express Lanes as a solo driver with FasTrak. Sign up for a FasTrak prepaid toll account, and enjoy a fast, reliable commute on the I-15 Express Lanes.

## Try SchoolPool!

SchoolPool is a free service that offers a safe and convenient way to get your kids to and from school by helping you arrange a carpool with other parents at your school. Visit [511sd.com/iCommute](http://511sd.com/iCommute) and find more information under "SchoolPool." Or call 511 and say "SchoolPool."



**For more information on all these choices visit [511sd.com](http://511sd.com) or call 511.**

The I-15 Express Lanes are developed by the San Diego Association of Governments (SANDAG) and the California Department of Transportation (Caltrans).



# Public Library Resources

The San Dieguito Union High School District highly recommends that each student in our district takes the time to get one or more library cards at the public libraries in our communities. There are three major San Diego area public libraries: San Diego Public Library/City of San Diego, San Diego County and Carlsbad City.

All three library systems offer an enormous wealth of resources on site as well as online. The only necessity to access these resources is a free library card. The library card membership number allows access to all online resources at any time, at any place with Internet access.

Patrons younger than 18 years old can register for a library card but a parent or guardian needs to sign for responsibility for the card's use. Please take the time to take your student to one or more of these libraries to apply for a **free** library card.

[San Diego Public Library](#): 36 Branches

**Resources:** Books, Audiobooks, eBooks, eVideos, CDs, DVDs

**Quick Reference:**

Dictionaries, Encyclopedias & Phonebooks, Magazines & Newspapers

**Research Databases:**

Art & Music; Biography & Genealogy (including ABC Clio and Gale); Books and Reading; Business, Investing & Careers; Children & Teens; Do-It-Yourself & Lifestyle; Health & Medicine; History, Geography & Maps (including ABC Clio, Gale & Proquest); Libraries; Religion & Philosophy; Science & Technology; Social Sciences & Education; Spanish/Español.

[San Diego County Library](#): 33 Branches

**Resources:** Books, Audiobooks, eBooks, CDs, DVDs, Podcasts

**Research Databases:**

Books & Literature; Business & Investing; Careers; Computers & Internet; Consumer Research; Education; Genealogy; Government; Health & Medicine; Holidays & Celebrations; Homework Help (including ABC Clio and Gale), Languages; Libraries; Money & Foreclosure; News & Magazines, Phone Books; Reading & Writing; Search Engines; Spanish/Español; Tax Forms; Travel; Maps & Weather.

**Research Help:**

Ask a Librarian, Text a Librarian, Online Homework Help

[Carlsbad City Library](#):

Dove Library, Georgina Cole Library and Carlsbad City Library Learning Center

**Resources:** Books, DVDs and music CDs, Books on CD, MP3-CD, digital players and downloadable audio, magazines and newspapers, Wireless Internet access, Public access computers and computer classes, Book clubs, William D. Cannon Art Gallery, Ruby G. Schulman Auditorium, Gowland Meeting Room

**Research Databases:**

Carlsbad History Room; Genealogy, Art & Collectibles; Articles in Newspapers & Magazines (Proquest); Automotive Resources; Biography Resource Center (Gale) Books & Criticism; Business & Finance; Encyclopedias; Exams & Careers (Gale); General Reference Center (Gale Gold); Health & Medicine; History & Genealogy Archives (Footnote); Literature Criticism (Gale), Novel List Plus; Opposing Viewpoints (Gale); Science Online; Spanish/Español.



# SUBSCRIPTION CONTRACT 2010 - 2011

**\$30 for a one year subscription  
of PULSE magazine**

*The undersigned person agrees to subscribe to Canyon Crest Academy's PULSE Magazine as indicated in the space above. The person agrees to pay for the subscription on the basis of the rate indicated. Subscriptions can be renewed at the beginning of each academic year. Please make checks payable to CCA ASB.*

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Student sales representative \_\_\_\_\_ Date \_\_\_\_\_



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CCA SENIORS  
2011 GRADUATION CEREMONY ORCHID LEIS

Honor your graduating senior son or daughter by ordering a beautiful orchid lei! This is not mandatory but is a wonderful personal accolade for both male and female graduates.

CCA Dollars for Scholars works with a local grower to provide these leis which will be delivered to Seniors on Graduation Day at check-in, just prior to the ceremony.

Orchid leis are \$20 each and CCA Dollars for Scholars must have your order by May 31st. Don't be left out on Graduation Day, order it now and check it off your to do list.

Questions -- please contact Dawn Lawson at: [lawson@san.rr.com](mailto:lawson@san.rr.com) .

Date: \_\_\_\_\_

Senior's Name: \_\_\_\_\_  
PLEASE PRINT LEGIBLY

Parent's Name: \_\_\_\_\_  
PLEASE PRINT LEGIBLY

Contact Information:

Parent's Home Phone: \_\_\_\_\_

Parent's E-mail: \_\_\_\_\_

Make checks payable to: CCA Dollars for Scholars

Mail check and this form to: CCA Dollars for Scholars  
P.O. Box 2536  
Del Mar, CA 92014-1836

or drop this completed form, with payment, in the 'Dollars for Scholars' box in the CCA Administration Office.



## **A Brief History**

Since 2004, when Canyon Crest Academy (CCA) opened its doors to 364 freshman students in portable buildings in a parking lot, the Canyon Crest Academy Foundation has been working to raise funds to support the extraordinary range of programs and exceptional quality of education that have become the hallmarks of CCA. These efforts have helped make CCA of one of San Diego's top- ranked high schools.

The Canyon Crest Academy Foundation is a nonprofit parent volunteer organization dedicated to realizing CCA's educational programs and priorities through financial, volunteer and community support. Our primary objective is fundraising. The Foundation raises the funds necessary to support the spending priorities determined by CCA's principal and staff, mostly through parent contributions. We also collaborate with students, parents, staff and our local community to assist CCA with its volunteer needs.

## **Why A Foundation?**

Although CCA receives funds from the State of California, these monies are insufficient to pay for the exemplary classroom instruction and numerous special programs that are the reason so many students choose to attend CCA. The gap between public funds and CCA's actual needs seems to expand each year. The Foundation's role is to raise funds to bridge that gap to support the expansive curriculum and enriching educational and athletic programs available to CCA students.

## **Where Does the Money Go?**

The donations raised by the CCA Foundation fund arts, engineering, technology, the sciences and humanities, college and career counseling, and athletic programs. Every student at CCA benefits in some way from the generous donations made by CCA families to the Foundation.

A few examples of what Foundation donations have paid for include:

- books and materials for the media center
- classroom computers and software
- the world language lab
- coaching stipends and assistant coach fees
- sports uniforms and equipment
- guest teaching artists for Envision day classes and Conservatory
- facilities improvements
- Challenge Day
- pool rental, sheet music, costumes
- lab equipment and supplies, and much, much more.

In short, the Foundation raises the money that helps make the difference between an ordinary high school experience and the exceptional educational opportunities available to all Canyon Crest students.

## **How to Help**

Now you can direct your gift to one or more of seven giving categories, and specific athletic teams and Envision disciplines. Please give generously. Your dollars make the difference.

## **Want to Learn More?**

Visit [www.canyoncrestfoundation.org](http://www.canyoncrestfoundation.org) for more information on giving categories, contributing online, fund-an-item, volunteer opportunities, legacy wall, Foundation events and activities.

**Canyon Crest Academy Foundation    3525 Del Mar Heights Rd., #434    San Diego, CA 92130**

[www.canyoncrestfoundation.org](http://www.canyoncrestfoundation.org)