

THINGS TO KNOW ABOUT SPORTS AT CANYON CREST ACADEMY

In order to be eligible to participate on a sports team, you must first have the following items turned into the Athletic Director's office. All forms must be filled out completely and turned in prior to the beginning of the sports season. Failure to complete any of these forms will make you ineligible. If your packet is complete – your name will appear on a “cleared list” which is forwarded to the coach prior to the first day of tryouts.

This packet should only be completed ONCE for each school year. Check the website for specific sport signup dates and information.

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| <input type="checkbox"/> Participation Form | <input type="checkbox"/> SDUHSD Code of Conduct |
| <input type="checkbox"/> CCA Sports Physical Form (2-sided) | <input type="checkbox"/> CCA Transportation Waiver Form |
| <input type="checkbox"/> Emergency Release Form | <input type="checkbox"/> GPA (<u>copy of most recent report card</u>) |
| <input type="checkbox"/> Proof of Medical Insurance Coverage (<u>copy of insurance card</u>) | <input type="checkbox"/> SDUHSD Release of Liability |
| <input type="checkbox"/> CIF Code of Ethics | <input type="checkbox"/> Steroid Use Policy |

Participation Form: This 2-sided form must be accurately filled out and must have BOTH athlete and parent signatures.

CCA Sports Physical Form: This form must be SIGNED/DATED by the physician in order to be accepted. The school provided form must be used by your physician; no other form will be accepted.

Emergency Release Form: This form is the ONLY form you need to fill out **every time** you try out for a team.

Proof of Medical Insurance: You must provide a Xerox copy of your medical insurance coverage (card).

GPA: CCA requires all students to turn in a Xerox copy of his/her up-to-date GPA when starting a new sport(s) season.

CIF Code of Ethics: The athlete must sign this form. It should be turned in with the athletic packet.

SDUHSD Code of Conduct: The athlete and parent must sign this form.

Steroid Use Policy: The athlete and parent must sign this form.

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| <ul style="list-style-type: none">• Athletic Transportation• ASB Sticker | <ul style="list-style-type: none">• GPA• Eligibility Lists |
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Athletic Transportation: Athletes are responsible for attending their athletic events on or off-campus. Athletic transportation is provided as an optional service per coach(s) request. The athletic transportation fee for the 2009-2010 school year is TBA. Please do not turn in check with packet. All checks will be collected at the team meeting once the student athlete has made a team.

Checks should be made payable to: SDUHSD

ASB Sticker: ASB stickers are optional. Stickers will be available for purchase on Orientation day or when school begins. ASB supports all athletic team sports.

Grade Point Average: You must have a 2.0 GPA in order to be eligible for a team. **All Student(S) must include a copy of their last report card in this packet.**

Eligibility Lists: Once all the above requirements are met, your name will appear on a cleared list for the coach. Packets that are not complete will not be processed or cleared.

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| <ul style="list-style-type: none">• Physicals• Equipment• Eligibility Lists | <ul style="list-style-type: none">• Sports Seasons• Schedules and Directions• Summer Programs |
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Physicals: A physical is required before participation in sports is permitted. A physical from your personal physician must be obtained after June 1st as per CIF. This physical will cover the following academic year.

Equipment: Students who make the team will be issued equipment. If the equipment is lost, stolen or not returned at the end of the season, a fee will be charged for repairs to, or replacement of, the equipment. Failure to return or pay for lost, stolen or repairs to equipment will affect the student's eligibility in other sports and graduation.

Athletic Eligibility Form

Canyon Crest Academy

FALL SPORTS (Sept.-Nov.) WINTER SPORTS (Nov.-Feb.) SPRING SPORTS (March-May)

Cross Country
Girls Field Hockey
Girls Golf
Girls Tennis
Girls Volleyball
Boys Waterpolo

Girls Basketball
Boys Basketball
Girls Soccer
Boys Soccer
Girls Waterpolo
Wrestling

Baseball
Boys Golf
Boys Lacrosse
Girls Lacrosse
Girls Softball
Swimming
Boys Tennis
Track
Boys Volleyball

Athletic Eligibility Info for Entering Ninth Grade Students

1. You must have at least a 2.0 grade point average from your last semester in order to be eligible to tryout. Please attach a copy of your end of the year June report card to your packet. You must include a copy of your summer school report card if it helps raise your GPA to 2.0.
2. If you make a team that requires you leave from a class early, "Early Releases" are emailed to CCA staff and faculty the morning of a early release game. Please let your teacher know as you enter that class that you would like to leave early so they can plan ahead.
3. You must have medical insurance coverage and be able to prove it. The school has paper work available for the Myers-Stevens Insurance Co. for those of you who are not insured or would like extra insurance. The forms are available in the Athletics Office.
4. You must have a physical from your doctor in order to tryout. Physicals are good for ONE calendar year and must cover you through your entire sports season. Please think ahead when making your doctor appointments. **If you do not have a current physical you will not be allowed to tryout. There are no exceptions.**

Fall Sports for the 2009-2010 school year begin on Wednesday, August 12, 2009.

Fall Athletic Packets will be due by Wednesday, August 5, 2009.

Fall Clearance Card pick up will be on Monday, August 10 and Tuesday, August 11, 2009.