

2009-2010

Dear Year One P.E. Parents:

Health Education is a requirement in the San Dieguito Union High School District. The curriculum includes discussion of issues that are key to healthy adolescent development. This letter serves as the notification required by the State Education Code to inform you of the reproductive health content and purpose of the AIDS instruction in this course.

We are confident that the Family Life Education unit as part of the Year One P.E. curriculum is of optimal content and caliber, designed to provide students with accurate information regarding the following topics: decision making, communication skills, refusal skills, sex roles, abstinence, anatomy and physiology of reproduction, pregnancy, childbirth, parenting, teen pregnancy options, sexual assault, sexual harassment, contraception/family planning, positive prevention, American Red Cross and standard curriculum.

In providing teens with a thorough and careful education, our curriculum emphasizes that abstinence is the only 100% effective method of preventing the transmission of HIV/AIDS. Students will receive information on the prevention, causes, symptoms, transmission, treatment, and local community resources. They will also analyze the detrimental physical, psychological, and social effects of HIV/AIDS.

As part of this curriculum, students may have guest speakers. If a guest speaker is scheduled in the Family Life Education unit, parents will be notified of the speaker and the speaker's affiliation to outside organizations. The following organizations have been used in the past, and may also be used this year: American Red Cross, and the Women's Resource Center.

Parental preview of teaching material will be held prior to the Family Life Education unit being taught. Our parental preview nights will be held on Thursday, November 19<sup>th</sup> at 4:00pm in the Gym, classroom 204.

We encourage and appreciate your support, and look forward to your student's participation in this course.

Sincerely,

Brian Köhn  
Principal, Canyon Crest Academy

Nicole Haller  
P.E. Department Co-Chair

Jason Shanahan  
P.E. Department Co-Chair