

**PLEASE SIGN AND RETURN THIS COPY**

**Surf PE**

**STUDENT/PARENT NOTICE**

**Due to the untraditional class structure of SURF PE, your son/daughter must adhere to these rules and requirements. It is necessary that you counsel them on these important matters.**

**Scholastic Grade:** Students are graded on participation and behavior. It is essential that he/she surfs or participates in class activities on all required days. A student who does not participate will receive a N/P (non-participation) mark for that day. If a student is not going to participate it is advised that he/she stay home with an excused absence from a parent. Students who remain ashore may loiter, which makes it difficult to maintain proper supervision. Non-participants in class need a note from a doctor to be excused. No exceptions!

**Requirements:** Pass swim test and have transportation. Surf equipment must include leash, a winter wet suit and board. A waterproof watch and a spare hide-a-key are recommended.

**Transportation:** It is strongly recommended that students provide their own transportation. Past history indicates that friendships change, friends are absent, and parents get tired of transporting early in the morning. Having to depend on others for a ride often becomes a problem that results in failing grades.

**Absences/Tardiness:**

- Class begins promptly at 8:00am at 15<sup>th</sup> Street in Del Mar. The student should be in his/her wetsuit and ready to enter the water when class begins. Students arriving at the beach after 8:05 will be marked tardy. Students may not leave the beach/class until final dismissal time (9:00, 10:00 late start). Early departure from class before dismissal will result in a referral for truancy and a 4-hour Saturday School (CCA Tardy Policy). Students are not allowed to check-in and return to their cars. All check-in/signatures must be by said student. No student may sign-in or out for another student. Illegible signatures will not be given full credit for the day's activity.
- Surf PE class attendance conforms to the same standard as other PE elective courses at CCA. Students may not have more than 6 excused absences during a grading period. Absences in excess of 6 must be made up. At the end of the each grading period, the PE Dept provides two make-up days after school. Reports or other alternative assessments for credit may be provided after consultation with the teacher.
- Students that are ill or unable to participate should not arrive at the beach. **Parents must contact the attendance office at (858) 350-0253 ext. 4046 or 4055 within 48 hours to excuse their student's absence.**

**Medical Leave:** If a Student is on a medical leave for more than one week, he/she will need to make arrangements with the teacher for credit. This will maintain his/her status in the class. Students with long term injuries that prevent their participation in aquatic activities may need to drop this class for a more suitable assignment that can support their need for modification

**Weather Conditions:**

**CLASSES ARE NOT CANCELED.**

- Large waves, rain, fog, and pollution may alter our ability to have class at the beach. The students have asked that we remain at the beach whenever possible.
- If it is raining or other conditions that may limit aquatic activities, the instructor will meet students at the beach at 8 am and then notify them that we will return to school for the remainder of the class. When this is necessary the class will be moved to **CCA in room F-103**. Because the students may be in wet-suits or other attire unsuitable for school, they will be allowed the usual **45 minutes** to arrive safely at CCA.
- Students must be in the classroom by **8:45 am**. when beach activities are not possible.

**If you have any questions please contact the Surf Lifesaving Instructor, Bob Hoff (858) 350-0253 ext. 4173 Bob.Hoff@SDUHSD.NET**

**PRINT Student Name** \_\_\_\_\_

**STUDENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PARENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**San Dieguito Union High School District**  
**2008/2009 School Year**

**RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT FOR**  
**OFF-CAMPUS PHYSICAL EDUCATION PROGRAM PARTICIPATION**

This is a release of liability and assumption of risk agreement. Read it carefully and sign below. Completion of this release is a prerequisite to participation in off-campus physical education program. This release essentially says the student named below is going to participate in an off-campus physical education program which involves inherent risks to participants. If he/she is hurt, injured, or even dies, you (i.e., the student, parents and heirs) will not make a claim against or sue the San Dieguito Union High School District, its Board of Trustees, officers, employees, volunteers, and agents, or expect them to be responsible or pay for any damages.

**NOW, THEREFORE LET IT BE KNOWN:**

We, the undersigned, understand and acknowledge that \_\_\_\_\_(NAME OF STUDENT) has voluntarily chosen to participate in an off-campus physical education program. We know and fully understand that any physical education activity, including, but not limited to, beach activities, bowling, golf, racquetball, skateboarding, surfing, swimming & aquatic games, and weight conditioning, involves numerous risks, dangers, and hazards, both known and unknown, where serious accidents can occur, participants can sustain physical injuries, damage to their property, and even die. Regardless of whether the athletic activity involves physical contact or not, all athletic activities and sports have inherent risks of injury which are inseparable from the activity and cannot be entirely eliminated regardless of the care taken by players, instructors, coaches, trainers, or other staff. Furthermore, we understand that the off-campus physical education program may involve physical activities which are off of school district premises and unsupervised by the school district We acknowledge and willingly assume all risks and hazards of potential injury and death in this off-campus physical education program, including any transportation to or from any such program.

\_\_\_\_\_’s (NAME OF STUDENT) participation in this off-campus physical education program is purely voluntary and it is being done at his/her own risk

In consideration for San Dieguito Union High School District allowing the above-named student to participate in this off-campus physical education program, we voluntarily agree to release, waive, discharge, and hold harmless San Dieguito Union High School District, its Board of Trustees, officers, employees, volunteers, and agents from any and all claims of liability arising out of their negligence, or any other act or omission which causes the student illness, injury, death and damages of any nature in any way connected with the student’s participation in this program. We also expressly agree to release and discharge San Dieguito Union High School District, its Board of Trustees, officers, employees, volunteers, and agents from any act or omission of negligence in rendering or failing to render any type of emergency or medical services.

As parent or legal guardian of the student/participant under 18 years of age, I have read and voluntarily agree that my son/daughter may participate in this off-campus physical education program, and I sign this release on his/her behalf. In signing this document, I fully recognize and understand that if my son/daughter is hurt, dies, or his/her property is damaged, I am giving up the student’s right and the rights of the parents and heirs to make a claim or file a lawsuit against San Dieguito Union High School District, its Board of Trustees, officers, employees, volunteers, and agents.

California Law provides as follows: “All persons making the field trip or excursion shall be deemed to have waived all claims against the district or the State of California for injury, accident, illness, or death, occurring during or by reason of the field trip or excursion. All adults taking out-of-state field trips or excursions and all parents or guardians of pupils taking out-of-state field trips or excursions, shall sign a statement waiving such claims.” (Education Code Section 35330)

**WE, THE UNDERSIGNED, HAVE READ THIS DOCUMENT. WE UNDERSTAND THAT IT IS A RELEASE OF ALL CLAIMS. WE FURTHER UNDERSTAND THAT WE ARE ASSUMING ALL RISKS INHERENT IN THIS OFF-CAMPUS PHYSICAL EDUCATION PROGRAM. WE VOLUNTARILY SIGN OUR NAME AS EVIDENCE OF OUR ACCEPTANCE OF THE ABOVE PROVISIONS, PARTICIPATION IN THE PROGRAM AND ANY FIELD TRIP OR EXCURSION ASSOCIATED WITH IT.**

\_\_\_\_\_  
Student/Participant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature (if Student/Participant is under 18)

\_\_\_\_\_  
Date