

**JOURNAL TOPICS ENGLISH – answer questions with at least a full paragraph discussion each**

Why do people lie? What are the root causes or reasons?

Describe two personal experiences you've used and describe why you lied in each?

What have you experienced with death?

What are your three best qualities and why?

What do you do when someone you respect and like asks you to do something you don't want to do?

Explain reasons for your actions give personal examples?

If you had a super power what would it be and why?

Describe the perfect day?

Do you have good friends a best friend or both? What do you like most about your best friend? Explain in detail with examples; make a note of gratitude and appreciation to your friend. Include a copy here.

Do you have a role model? Who is it and why? How do they inspire you?

How much freedom do you have in your life? Describe with examples.

How do you demonstrate responsibility? How are these two related?

Do two nice things today anonymously. They can be small or large, they just have to be secret. Without explaining what you did, describe how you felt right when you were doing these actions.

What is love? Describe your experiences, not your theories.

What are two things that stress you out in life? Why do they stress you out? Do you have control over the outcome?

What are three ways you relax and take care of yourself? Explain what you do.

What are three passions you have that most people might not know about you.

What are some of your favorite songs? What are particular lyrics that describe your life right now?

If you could tell anybody anything any time, what would you say to whom? Be completely honest and show emotion?

Describe a regret or an action you would change if you could?

What is the best meal? What is your favorite restaurant and what do you order? Would you rather have good food with your friends or great food with family?

What is the best advice you could give parents of a teenager?

Name the three best movies you have ever seen. What is the funniest one and why? Describe your favorite funny experience either with a friend or from a movie? Do you still laugh thinking about it?

What is the most embarrassing experience you are willing to talk about?

What do you want to change about your life? What two actions could you take to make your goal happen? What are three emotional personal reasons to make this change? How will this change effect your life?